

RIDING FOR THE DISABLED SOUTH REGION

**Training Session for Coaches/coaches in training/helpers
to be held at South Bucks RDA, Framewood Road, Fulmer, SL2 4QR on Sunday 15th March
2020
Led by Waveney Luke, Nona Dane, Theresa Drake & Caro Haynes**

09.30 Coffee

10.00 Horse movement and how it affects the rider – Waveney Luke, former Paralympic dressage selector & group coach, with Nona Dane, MCSP, County Physio & group coach. This covers sections in both the Horse Knowledge & Coaching modules of the coaching pathway.

10.45 Stage 1 Show Jumping – a skill coaches should be happy developing – Theresa Drake, Regional Coach & Show Jumping Rep, group coach & Caro Haynes, BHS Stage 5 Performance Coach, group coach. This covers sections in the Coaching Module.

11.30 The next step – progressing to Level 2 Show Jumping & beyond

12.00 Discussion period

12.30 Soup, sandwiches & finish.

We are very grateful to the South Bucks Group for re-arranging their rides to accommodate this.

All coaches should attend annual training.

Please reply by Wednesday 11th. March at the latest.

I will/will not (please delete as applicable) be able to attend the training session on Sunday 15th.
March at South Bucks RDA

Name & contact no:.....

Group.....

Role

Please reply to:
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